Ever get depressed after Christmas? After two holidays it is hard to get motivated to go back to work. The big event we planned for and looked forward to is over and now we have that let-down feeling. That’s why nobody ever volunteers to take down the Christmas tree. Today as we come down from Holiday Mountain, I share with you 3 keys to help us cope when we feel down or depressed.

**Nobody Ever Volunteers to Take Down the Christmas Tree**

**Luke 1:68-79 (TITLE SLIDE)**

**I Remember what God has DONE FOR US (SLIDE 1)**

1. **Vs. 68: REDEMPTION (SLIDE 2)**
2. **Vs. 69: SALVATION (SLIDE 3)**
3. **Vs. 72: MERCY (SLIDE 4)**
4. **Vs. 74-75: OPPORTUNITY (SLIDE 5)**

**II Remember what God has PROMISED TO US (SLIDE 6)**

**III Remember where God is TAKING US (SLIDE 7)**

**CONCLUSION**

The let down feeling is **NORMAL** but remember that the

**JOURNEY** has just **BEGUN (SLIDE 8)**